

Sunday Club – 28th February 2021

The following is one way of delivering this session with children. This week we explore daring to be open without fear of rejection.

Opening activity

- Look through today's newspaper or headlines from: [Home - CBBC Newsround](#). Every time there is a picture of someone, stop and ask the children to describe the emotion on the person's face.
- For each emotion named, invite your child(ren) to share an example of a time when they feel like that, e.g. 'I feel angry when...'

Opening prayer

God of our ups and downs,
of our rocky moments and our best ones,
give us the courage to put truth before popularity
and to be Jesus' friends through thick and thin.

Amen.

Open the Word: Open the Bible at Mark 8.31-38

Thumbs up or thumbs down

- Ask the children to imagine they are the disciples listening to Jesus.
- Read the story slowly and ask them to put their thumbs up if what Jesus is saying is good for them to hear, thumbs down if what Jesus is saying is hard for them to hear, or thumbs in the middle if they are not sure.

[Mark 8.31-38 ICB - Then Jesus began to teach them that the - Bible Gateway](#)

or watch:

[Jesus Predicts His Death. www.WildBible.org - YouTube](#)

- Remind the children about the Easter story and the things that were going to happen to Jesus.
- Explain the meaning of the word Satan (the devil, a personification of evil) and explore why Jesus might have said this to Peter.

Talk together:

- What does it feel like when you receive a piece of news that is difficult to hear?
- How would you have reacted to what Jesus told his disciples?
- What things can make it hard to follow Jesus? What can help us?

Talk to God: Opening ourselves to God

- Invite your child(ren) to put their hands together, as if praying. Explain that we often pray with our hands closed so that we feel close to God.
- Now invite the children to open their hands and place their palms upwards, as if receiving something. Explain that prayer is also about being open to God and listening to God.
- Invite the children to sit with their hands open and think about what God might want to say to them today.

Craft Activity – Cross art

Spend some time being creative and decorate or make a cross shape. Here are some different ideas for how you could make your cross.

Use masking tape or overlay a stencil to create a cross shape on a piece of paper. Use crayons or paints to decorate the whole sheet then remove the stencil/tape to reveal a cross.



Collect leaves, plants or stones and lay them out to create a natural cross shape.



Get creative with whatever craft /construction resources you have. If you have some pipe cleaners and beads at home you could use them to make a cross like the one in this picture, or why not build a cross from Lego or recyclables.



Praise Song: Build Your Kingdom Here - Rend Collective Experiment

[Build Your Kingdom Here - Rend Collective Experiment - YouTube](#)

Sing and dance along!

Closing Prayer:

All stand in a circle and join hands.

When things get rocky in your relationships
(*all let go*)

may God bring us back together stronger and happier.

(*join hands again*)

Amen.

Other ideas for family worship:

An alternative is provided by Hull minster (Mark 8.31-38)

<https://hullminster.org/family-resources>

Kid's Church (Mark 5). This is great fun and very interactive.

Beforehand, you can read the details which shows you the resources that will be required.

[Jesus meets the family 2 | High Energy Church Season 2 Episode 9 - YouTube](#)

Rochester Diocese Ministry at Home (Mark 8.31-38) Attachment