### Sunday Club – 21<sup>st</sup> February 2021

The following is one way of delivering this session with children. This week we explore being ready to face the wilderness of today's world.

#### **Opening activity**

Play the yes and no game. Have a conversation without saying the words yes or no. The last person to say yes or no is the winner. It's trickier than it sounds!

#### **Opening prayer**

We praise you, creator God, for making each of us different and yet for drawing us together as one family. May our confidence in you help us to find confidence in who we are. **Amen.** 

### Open the Word: Open the Bible at Mark 1:9-15

https://www.biblegateway.com/passage/?search=Mark+1%3A9-15&version=ICB

or watch:

### Godly Play - Temptation of Jesus - YouTube

Talk together:

- What does it feel like when someone says something encouraging to you?
- What words might describe Jesus' feelings when he heard God's voice saying, 'I love you'?
- How can we remind ourselves who God says we are when we face difficult circumstances or decisions? Think of times you are tempted to do something wrong, or that you have been told not to do. Is it snacks? or a tv show or a game? Or is it gossip or being mean? Or prioritising other things over God? Talk together because we are all tempted differently, and we need help to resist.

### Go with God

Consider together what you have explored, what that means for each of you and how it might influence your daily lives.

- Ask your child(ren) to draw a picture of themselves at school or at home, then draw a large arrow, and write inside it a difficult situation they are worried about in the week ahead.
- Then ask them to draw a speech bubble coming from their self-portrait. Invite them to write a word of encouragement that God might say to them, in the speech bubble.

### Craft Activity – A Self Defence Plate

You will need: a paper plate or circle of paper, felt tips of colouring pencils, lolly sticks or card, glue.

We need strategies to help us follow what God asks of us, including obeying our parents. Decorate your plate (or circle of paper) like a target with circles of different sizes. In the middle write some of the temptations you find hardest to resist. Share them carefully with



each other and explain why you find them so hard. In each circle, write positive things to occupy your time and attention which will help you resist temptation. Decorate with colour or stickers. Create a cross from card or lolly sticks and glue it in the "bullseye" section, to remind us that by keeping Christ at the centre of our lives He can help us stay strong when we are most tempted.

### Praise Song: Not Afraid - Rend Co. Kids- Lyrics

https://www.youtube.com/watch?v=m-ovvWdhMwA

Sing and dance along!

# Closing Prayer:

We go in the knowledge that we are cherished by the God who made us and rejoice, in Jesus' name. **Amen.** 

# Other ideas for family worship:

An alternative is provided by Hull minster (Mark 1:9-15)

https://hullminster.org/family-resources if not updated then use this link:

ebdd71 e1fc2fdad9124b279e6a23ddc8d5cf20.pdf (filesusr.com)

Kid's Church (Luke 2: 41-51 - The Boy Jesus at the Temple). This is great fun and very interactive.

Beforehand, you can read the details which shows you the resources that will be required.

Jesus meets the family 1 | High Energy Church Season 2 Episode 8 - YouTube

Rochester Diocese Ministry at Home (Mark 1:9-15) Attachment