

Sunday Club – 20th June 2021

The following is one way of delivering this session with children. This week we explore being heard in the storms of our lives.

Opening activity:

Invite your child(ren) to write down on post its/ back of emojis (attached) things that they are afraid of, worried and happy about at the moment.

Opening prayer:

We bring to God
everything that makes us who we are:
our fears and hopes and dreams,
and the questions that are too big to answer.
See us, hear us,
and bring us peace.
Amen.

Open the Bible at Mark 4.35-41

- Explain as you read the story, that each time you say particular words your child(ren) are to respond with an action or sound. For example, Jesus (cheer), disciples/follower (say, 'yes Lord'), crowd/people (wave and shout 'hello'), boat/shore (mime rowing a boat), wind/waves (make swishing sounds).
- Practise the actions a few times and then read the story slowly, leaving a pause after emphasising each special word to give the children a chance to respond.

[Mark 4.35-41 ICB - Jesus Stops a Storm - That evening, - Bible Gateway](#)

Stop and share:

Remind the children that the followers of Jesus were the Disciples.

Talk Together:

- When have you experienced times of difficulties and stress?
- Who do you relate to in this story – someone watching from the shore, Jesus in control, or a scared disciple
- How might reassurance from Jesus help next time you are afraid?

Craft Activity – Paper boats + Pop-Up Paper Boat card (for Father's Day)

Give your worries to God

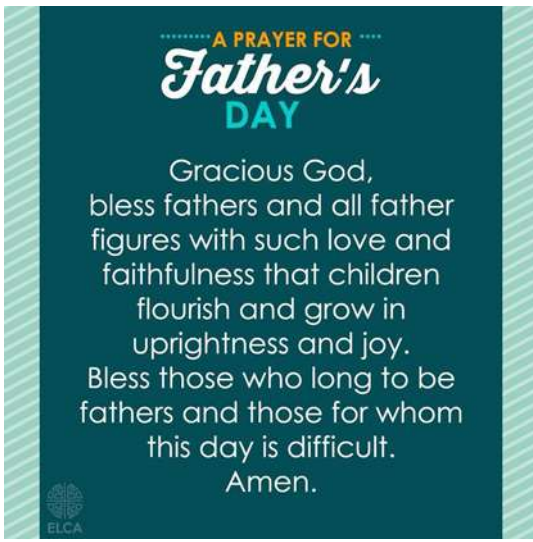
You will need: A4 paper, pens, container of water.

- Ask the children to write a prayer onto a piece of paper about particular concerns they want to offer to God.
- Help each child to fold their paper into a paper boat using [instructions](#).
- Invite the children to float their boats on a shallow container of water and pray over the boats together.

If you make a second boat, you can stick the triangular panels either side of the crease of a folded A4 card. This will then pop-up when opened! Decorate or draw a picture on the front and write a greeting inside: Thank you for keeping me afloat!



A Prayer for Fathers:



Praise Song:

My Lighthouse – by Rend Co. Kids

[Rend Co. Kids - My Lighthouse \(Hand Motions\) \(Official Music Video\) - YouTube](#)

Sing and join in the actions!

Go with God

- Invite you child(ren) to talk about how 'heard' they feel a) at home, b) at school, c) elsewhere or with friends.
- Ask: How might the knowledge that Jesus is present with you help you to deal with stresses and worries in the coming days and weeks? Are there ways you can ensure you are 'heard' better at home, school and elsewhere? Is there anyone you need to talk to?

Closing Prayer:

Dear God,
Thank you for the story of Jesus calming the storm which reminds us how BIG and POWERFUL you are.
Thank you that you are with us in the scary times and that you always hear our prayers.
We pray for those in the world who are scared at the moment.
that they would know you and your peace.
Amen

Other ideas for family worship:

An alternative is provided by Hull minster (Mark 4.35-41).

<https://hullminster.org/family-resources>

Kid's Church – There is not a service scheduled for this week, but you might want to look back at a previous one. They are great fun and very interactive.

[Rev Chris Lee - YouTube](#)

Please note that the Rochester Diocese's Ministry at Home has now ceased.