

Sunday Club – 14th February 2021

The following is one way of delivering this session with children. This week we explore unexpected life-changing moments!

Opening activity

Play a “what’s changed” game together. Everybody should close their eyes while one person changes something in the room. It could be closing the curtains or swapping two pictures over or putting on a hat! They should tell everybody when they can open their eyes. Who can spot what has changed the fastest?

Opening prayer

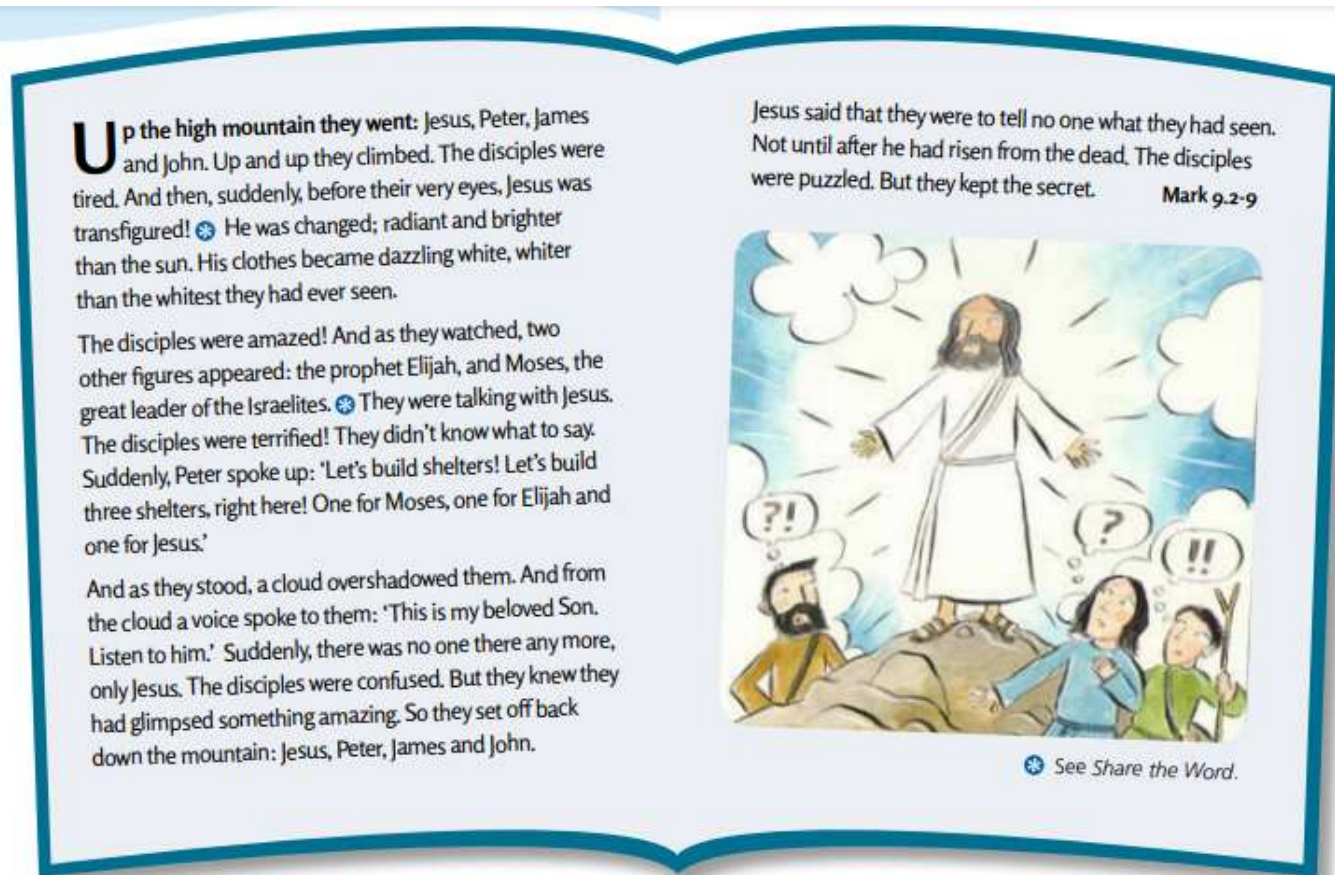
Lord Jesus,
you can make ordinary things special,
you can surprise us
when we least expect it,
and you can make us see things differently
because you are amazing.

Amen.

Open the Word: Open the Bible at Mark 9.2-9

Use facial expressions

- Practise making faces for these emotions: tired, amazed, terrified, confused, puzzled.
- Encourage everyone to make the appropriate face when the word is said as you read the story.



Share the Word

- Explore with your child(ren) what they think the word ‘transfigured’ might mean and how Jesus might have looked.
- The disciples knew that Moses had led the people of Israel out of slavery in Egypt, and that Elijah had been a great prophet who told people about the things of God.

Talk together:

- Talk about a time when you saw something unexpected.
- How would you have felt if you had been on the mountain with the disciples that day?
- How can we remember this story over the next few days?

Go with God

Consider together what you have explored, what that means for each of you and how it might influence your daily lives.

- Invite everyone to imagine they are standing on top of the mountain and you have just seen Jesus' appearance transformed into something dazzling and glorious.
- Act out that 'wow' moment. Now ask the children what difference this story has made to them. How will it change things this week? What do you need to do when you go back down the mountain? Act out going down the mountain.

Craft Activity – Valentine Tree!

Today is also St Valentine's day when thoughts turn to love. Make a 'love' ly tree by drawing around someone's arm and hand. Then add hearts as leaves. They can be in paint, pens, outlines, cut from magazines or paper anything! As you add a heart write the name of someone loved by God – start with your family and then add as many others as you can. Pray for them that they would know the love God has for them especially at this tricky time.



Praise Song: What A Beautiful Name - Hillsong Kids

[What A Beautiful Name \(Lyric Video\) - Hillsong Worship - YouTube](#)

Sing and sway along!

Closing Prayer:

As we go back down the mountain, God,
we bring to you those who need a 'wow' moment in their life:
those who have lost hope,
those who have little money,
those who live in places of violence,
those who don't feel loved.
Surprise and bless them, in Jesus' name.

Amen.

Other ideas for family worship:

An alternative is provided by Hull minster (Mark 9.2-9)

<https://hullminster.org/family-resources>

Kid's Church (Ezekiel). This is great fun and very interactive.

Beforehand, you can read the details which shows you the resources that will be required.

[Stories from Exile 6 | High Energy Church Season 2 Episode 7 - YouTube](#)

Rochester Diocese Ministry at Home (Mark 9.2-9) Attachment