Sunday Club – 14th February 2021

The following is one way of delivering this session with children. This week we explore unexpected lifechanging moments!

Opening activity

Play a "what's changed" game together. Everybody should close their eyes while one person changes something in the room. It could be closing the curtains or swapping two pictures over or putting on a hat! They should tell everybody when they can open their eyes. Who can spot what has changed the fastest?

Opening prayer

Lord Jesus, you can make ordinary things special, you can surprise us when we least expect it, and you can make us see things differently because you are amazing. **Amen.**

Open the Word: Open the Bible at Mark 9.2-9

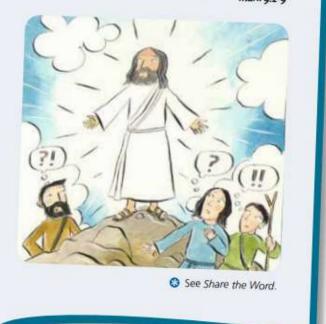
Use facial expressions

- Practise making faces for these emotions: tired, amazed, terrified, confused, puzzled.
- Encourage everyone to make the appropriate face when the word is said as you read the story.

U p the high mountain they went: Jesus, Peter, James and John. Up and up they climbed. The disciples were tired. And then, suddenly, before their very eyes, Jesus was transfigured! He was changed; radiant and brighter than the sun. His clothes became dazzling white, whiter than the whitest they had ever seen.

The disciples were amazed! And as they watched, two other figures appeared: the prophet Elijah, and Moses, the great leader of the Israelites. They were talking with Jesus. The disciples were terrified! They didn't know what to say. Suddenly, Peter spoke up: 'Let's build shelters! Let's build three shelters, right here! One for Moses, one for Elijah and one for Jesus.'

And as they stood, a cloud overshadowed them. And from the cloud a voice spoke to them: 'This is my beloved Son. Listen to him.' Suddenly, there was no one there any more, only Jesus. The disciples were confused. But they knew they had glimpsed something amazing. So they set off back down the mountain: Jesus, Peter, James and John. Jesus said that they were to tell no one what they had seen. Not until after he had risen from the dead. The disciples were puzzled. But they kept the secret. Mark 9.2-9



Share the Word

- Explore with your child(ren) what they think the word 'transfigured' might mean and how Jesus might have looked.
- The disciples knew that Moses had led the people of Israel out of slavery in Egypt, and that Elijah had been a great prophet who told people about the things of God.

Talk together:

- Talk about a time when you saw something unexpected.
- How would you have felt if you had been on the mountain with the disciples that day?
- How can we remember this story over the next few days?

Go with God

Consider together what you have explored, what that means for each of you and how it might influence your daily lives.

- Invite everyone to imagine they are standing on top of the mountain and you have just seen Jesus' appearance transformed into something dazzling and glorious.
- Act out that 'wow' moment. Now ask the children what difference this story has made to them. How will it change things this week? What do you need to do when you go back down the mountain? Act out going down the mountain.

Craft Activity – Valentine Tree!

Today is also St Valentine's day when thoughts turn to love. Make a 'love' ly tree by drawing around someone's arm and hand. Then add hearts as leaves. They can be in paint, pens, outlines, cut from magazines or paper anything! As you add a heart write the name of someone loved by God – start with your family and then add as many others as you can. Pray for them that they would know the love God has for them especially at this tricky time.



Praise Song: What A Beautiful Name - Hillsong Kids

What A Beautiful Name (Lyric Video) - Hillsong Worship - YouTube

Sing and sway along!

Closing Prayer:

As we go back down the mountain, God, we bring to you those who need a 'wow' moment in their life: those who have lost hope, those who have little money, those who live in places of violence, those who don't feel loved. Surprise and bless them, in Jesus' name. Amen.

Other ideas for family worship:

An alternative is provided by Hull minster (Mark 9.2-9)

https://hullminster.org/family-resources

Kid's Church (Ezekiel). This is great fun and very interactive.

Beforehand, you can read the details which shows you the resources that will be required.

Stories from Exile 6 | High Energy Church Season 2 Episode 7 - YouTube

Rochester Diocese Ministry at Home (Mark 9.2-9) Attachment