



The United Benefice of Cudham and Downe

For the sake of others please do not attend if you have any symptoms of Covid19 or other respiratory illnesses.

Welcome to our Services

Refreshments are available after the services and we invite you to stay and enjoy meeting others before you go home.

Sunday 28th January – The Fourth Sunday of Epiphany

9.30am Downe Morning Worship

11.00am Cudham Holy Communion and Sunday Club

Readings: Deuteronomy 18: 15-20; Mark 1: 21-28

Rev John to lead, John Curle to preach at both services.

Downe's service will be livestreamed on our YouTube channel - <https://www.youtube.com/pcdchurches>

Fourth Sunday of Epiphany

God of heaven, you send the gospel to the ends of the earth and your messengers to every nation:

send your Holy Spirit to transform us by the good news of everlasting life in Jesus Christ our Lord. **Amen**

Tuesday 30th January

10.00am Downe Holy Communion Service at St Mary's

Sunday 4th February – Candlemas / Christingles

10.30am Downe United All Age Celebration

Dramatised Reading: Luke 2: 22-40

Rev John to preach and lead with Kim



Sunday 11th February – Sunday next before Lent

9.30am Downe Morning Worship 2 Kings 2: 1-12

Rev John to preach and lead

11.00am Cudham Holy Communion and Sunday Club

Readings: Psalm 2; Acts 4: 23-31

Rev John to lead, Rev Tony Cannon (Church Society) to preach



and **Pancake Party!** on **Tuesday 13th February** from 4pm - 6pm at Cudham Parish Hall, Cudham Lane South, TN14 7QE. All welcome! Children, come along and have great

fun! Enjoy Free art and craft activities on the theme of: **Lent and pancakes!** Don't forget to bring an adult or carer; they have to have fun too! No charge - donations welcome on the day! Booking required please for catering purposes. Contact Denise Angell on 077957 206901 or email



denise.angell@virginmedia.com for more info, and to book.

Our Homegroups regularly meet. Do join us if you can -
Meditation Group - Christian Meditation will take place on Thursday 1st February at 10.00am in St Mary's. We look forward to seeing you. The group follow the method taught by John Main, an English Benedictine monk <https://www.wccm.uk>
Wednesday Evening Homegroup - The group will be meeting this week, on 31st January at Sue Everest's at 8pm studying Sunday's reading(s).

Ladies Fellowship - will be meeting on Wednesday 7th February at 10.00am at Sue's, Cudham. Please contact Barbara at barbiesherb@aol.com for more details.

The following thank you was received this week from Lulu Parfitt, Administrator/Support Officer for Bromley Homeless Advice Service -

'I would like to say massive thanks to Kate Brignall and the rest of parishioners who took part in **Christmas Carols**, raised over £260 and donated to our charity. We appreciate your support which is very important to us. It helps our organisation to continue the mission to work with homeless people and to transform their lives.

The generous donations make it possible for Bromley Homeless CIO to support homeless people to get accommodation, to access medical care, to provide an advice and advocacy service regarding housing and tenancy sustainment, welfare benefits, clothes, food, etc.

Thank you for your generosity and your confidence in our work.'

Bridget Law has entered the London Winter Run to raise funds for Cancer Research UK and will be taking on 10k on 25th February. Please sponsor Bridget and support her efforts. Cancer Research UK's pioneering work is changing lives on a global scale. For more details and to make a donation through her donation page please use this link - <https://www.winterrun.co.uk/fundraisers/bridgetlaw> Thank you.

Daniel Harris (Carol's son) is running the London Marathon on 21st April for the NSPCC and is passionate about this challenge and would be grateful for sponsorship. Thank you. For more details please take a look at Daniel's link page - <https://2024tcsllondonmarathon.enthuse.com/pf/daniel-harris?>









Please pray for –

Dorothy and family following Dave Witherspoon's death a few weeks ago. His funeral service will take place in St Mary's, Downe, Monday 29th January at 1pm followed by burial. Michael Sharpington's family following his death over Christmas. There will be a memorial service for Michael at 12noon on Tuesday 6th February in St Mary's, Downe. Mark, Natalie and family following the death of Natalie's father Peter last week.

The LORD is close to the broken-hearted and saves those who are crushed in spirit – Psalm 34:18

Prayer points for this week:

-  For the head teachers, staff, and pupils of our local schools.
-  For Rev John leading Collective Worship at Cudham and Downe Primary Schools this Tuesday and Thursday.
-  For our regular Pastoral Visitors' Team meeting at Cudham Church on Wednesday morning.
-  For the housebound, lonely and anxious and those with debilitating health conditions.
-  For the humanitarian crisis in Gaza and peace in the Middle East.
-  For the ongoing conflict in Ukraine and all those caught up in war and civil strife.

'Devote yourselves to prayer, being watchful and thankful' Col 4:2 NIV

Let us keep praying for one another and our families in our congregations, as well as our parishioners in both parishes. This week can we pray for Dean and Karen Lockley (Cudham) and Sue King (Downe). Please also pray for our residents in the following streets High Elms Rd (Downe) and Jail Lane (Cudham).

We would encourage you to join us for daily prayer at the following times, when we meet and pray for our parishes, neighbours, the wider community and our world.

Morning Prayer 9.00am Monday, Thursday and Friday on Zoom.

Zoom details: Meeting ID: 872 2896 5797 Passcode: 644632

<https://us02web.zoom.us/j/87228965797?pwd=M1c1OTUzTFNsY3IxeW94Q25MV2xRdz09> **9.30am** prayers Wednesday in Cudham.

Evening Prayer 5.00pm Monday - Friday on Zoom

Meeting ID: 898 5148 2423 Passcode: 458828

<https://us02web.zoom.us/j/89851482423?pwd=Y3c5ZmJyUVpEQzN5bDUvV2FGRU53Zz09>

Prayer chain – please contact Rev John Musson if you have any prayer needs or requests. Email vicar@pcd.org.uk or tel: 0750827929.

Pastoral Needs – our pastoral team is here to help, whether it's just for a chat or something that is troubling you. Why not give them a call on 07942 354533 or email pastoral.team@pcd.org.uk to arrange a visit or chat over the phone. We are here for you.

Vicar: Rev John Musson, tel 01959 540012, mobile 07504827929, email: vicar@pcd.org.uk Normal Day off Saturday

Licensed Schools and Families Evangelist: Kim Curle, email: kim.curle@btinternet.com tel: 01689 836220

YouTube <https://www.youtube.com/pcdchurches>



www.facebook.com/PCDChurches

Website: www.pcd.org.uk Parish Office 01959 571515

If you have anything you would like included in our weekly notice sheet please email any contributions by Wednesday evenings to admin@pcd.org.uk