

Messy Holy Trinity!

Warm-Up

We can get to know and connect with all aspects of who God is. We talk about God the Father, the Son and the Holy Spirit, the Holy Trinity. What else can you think of that comes in threes? Go around your house and garden looking for things that come in threes or which have three sides. Visit each room in the house and give yourself one minute to find as many items as you can which are triangle shaped or have three parts to them. How many can you find in each room?

Watch the following Video: [Kids Corner: The Holy Trinity](#)

The concept of the Holy Trinity can be a confusing one, how can God be three and one at the same time? Why not use yourself as an example for your family. Children might know an adult in their family as “mum” or “dad” but to a work colleague you will be known by your name or by a title, to a friend or wider family member something else. What words would different people use to describe what you are like? What words can your family come up with to describe what the different persons of God are like?

Do some art and craft: See separate instructions for Trinity Putty, Trinity Pyramids, Trinity Shamrocks, Trinity Flexagons and a Holy Trinity Mobile!

Sing a song!

To the tune of 'London's burning, London's burning to try these words about the Trinity:

*God the Father, God the Father
Made the world, made the world
Sing praise, sing praise.
Let us thank him, let us thank him.*

*God the Son, God the Son
Died to save us, died to save us
Sing to Jesus, sing to Jesus
He won't leave us, he won't leave us.*

*God the Spirit, God the Spirit
Comes to help us, comes to help us
Sing praise, sing praise
He is with us, He is with us.*

Messy Grace - Teach the following actions for the words of 2 Corinthians 13:14:

May the grace of our Lord Jesus Christ - *hold out your hands as if expecting a present*
And the love of God - *put your hands on your heart*
And the fellowship of the Holy Spirit - *all hold hands*
Be with us all now and forever. Amen! - *raise hands together on the word Amen*

Messy Meal – Enjoy some triangular shaped food such as sandwiches, pretzels or samosas!