

# A Journey Through Lent



at Cudham and Downe [www.pcd.org.uk](http://www.pcd.org.uk)

*'By the keeping of Lent, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the Gospel, and so grow in faith and devotion to our Lord.*

*John invites you, therefore, in the name of Christ, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting and self-denial, and by reading and meditating on God's holy Word'*  
(Ash Wednesday liturgy)

## **Shrove Tuesday – 16<sup>th</sup> February 4-5pm**

*Tea, Cake and Pancake Preparation chat via Zoom – details....*<https://us02web.zoom.us/j/86172481131?pwd=WFBZZ0h6M0YrRzkzcjUwSit2S2hLQT09>

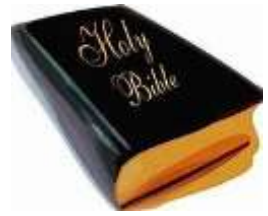
Meeting ID: 861 7248 1131

Passcode: 041868

## **Ash Wednesday - 17<sup>th</sup> February**

Service to mark the beginning of Lent – including the (self-)imposition of ashes. This service will be on Facebook and YouTube all day or dial in at 11am 0333 0160 300 (local rate call) Room number: 52233710 # PIN: 9273 # - Service leaflet (available on our churches website), includes suggestions on making ash at home and how best to prepare spiritually for the service.

## **Lent Challenge – Gold, Silver and Bronze bible reading**



*Lent isn't about giving things up, but growing closer to Jesus. Spending less time e.g. engaging in social media or watching TV frees up the possibility of using the time saved to read the bible...*

*Gold – a 40 day plan reading through the whole bible*

*Silver – a 40 day plan reading through the New Testament*

*Bronze – a 40 day plan reading the Gospel of Luke and the Book of Acts*

*The bible also tells us to 'encourage one another' – so Rev John Musson has set up a whatsapp group so we can share what we've discovered and how we're getting on – send John your mobile number to – 07504827929 and he will include you in the group.*

*You'll find sheets to help you plan your challenge on the churches website.*

## **Lent Self-Care – 40 acts of kindness**

*In these challenging times why not focus on 40 acts of self-care this year? You'll find a PDF on the website with some ideas to help you.*

## **Sundays in Lent**

*As we continue our services online on our YouTube and Facebook channels for the first 3 Sundays in Lent – 21<sup>st</sup>, 28<sup>th</sup> February and 7<sup>th</sup> March-our worship will focus on Psalm 23 and readings on significant moments of Jesus ministry as he begins to look towards the cross.*

## *Lent Course*

### **Wednesdays at 8pm starting 24<sup>th</sup> February**

*A course based on the BBC TV Drama 'Broken' starring Sean Bean. Course members will get the most out of the course by watching the series themselves before each meeting - You can watch online*

*[https://www.amazon.co.uk/gp/video/detail/B07124QMJ1/ref=atv\\_dp\\_share\\_r\\_em\\_0dc85f94462c4](https://www.amazon.co.uk/gp/video/detail/B07124QMJ1/ref=atv_dp_share_r_em_0dc85f94462c4) £1.89 per episode SD to buy (=£11.34 for all 6) or buy the DVD*

*<https://www.amazon.co.uk/Broken-DVD-Sean-Bean/dp/B071F7N41N/> £7.99*

*Zoom link for Wednesday evenings at 8pm*

*<https://us02web.zoom.us/j/84785498167?pwd=ano3bWJvNFY2U3pveDZYU0lHTTEvdz09>*

*Meeting ID: 847 8549 8167*

*Passcode: 972034*



### **Knitted butterflies**

*No experience necessary – patterns provided – why not knit a butterfly or two- these will be placed around the parishes for anyone to find and take home. Attached to them will be a word of blessing and an invitation to walk with us the way of the cross. For an information sheet, including easy patterns and other details please contact Rev Rach by email - [rachel.vicarintraining@yahoo.com](mailto:rachel.vicarintraining@yahoo.com) or Beryl Packman - [beryl.packman@gmail.com](mailto:beryl.packman@gmail.com) Details can also be found on our website.*

## Daily Prayer

*Lent can be a great time to give our prayer lives a reboot! Why not join with others from our churches for any of our daily prayer times – Monday-Friday mornings 9.15am and evenings 5pm*



Zoom links:

Mornings –

<https://us02web.zoom.us/j/87228965797?pwd=M1c1OTUzTFNsY3lxeW94Q25MV2xRdz09>

Meeting ID: 872 2896 5797

Passcode: 644632

Evenings -

<https://us02web.zoom.us/j/89851482423?pwd=Y3c5ZmJyUVpEQzN5bDUvV2FGRU53Zz09>

Meeting ID: 898 5148 2423

Passcode: 458828



Rev John Musson – tel 01959 540012 email [vicar@pcd.org.uk](mailto:vicar@pcd.org.uk)

Rev Rach Archer – tel 01959 700097 email [Rachel.vicarintraining@yahoo.com](mailto:Rachel.vicarintraining@yahoo.com)

[www.pcd.org.uk](http://www.pcd.org.uk)



<https://www.facebook.com/PCDChurches/>

[www.youtube.com/channel/UCs4iL6vqtF\\_t04VsY7ywOwQ](http://www.youtube.com/channel/UCs4iL6vqtF_t04VsY7ywOwQ)

