

Sunday Club – 7th February 2021

The following is one way of delivering this session with children. This week we explore demonstrating priorities through action.

Opening activity

Spend some time looking at your hands and looking at the hands with those who you are gathered with. Name things you can do with your hands – you can draw around your hands and write within the shape what you use your hands for. Are you good at doing something or have a particular skill you need your hands for? There may be things that you do not like doing that you need to use your hands for!!

Opening prayer

Lord Jesus,
we praise you for showing us your priorities
and how to live out a life of faith,
in action and in stillness.

Amen.

Open the Word: Open the Bible at Mark 1.29-39

Make a journey together! You will need: five road signs made from card/paper for: synagogue; Simon's house; outside Simon's house; deserted place; next town.

- Place the series of road signs around the room.
- Stand together at the 'synagogue' and ask one child to act as Jesus and yourself or another child to act as Simon. As you begin to read the story, all move to 'Simon's house' and read what happened there, as you act it out.
- Continue to read and all move 'outside Simon's house', as people arrive at Simon's house. Ask 'Jesus' to go to the 'deserted place' and then 'Simon' to follow. Finally, all travel to the 'next town' as you read the end of the story.

[Mark 1.29-39 ICB - Jesus Heals Many People - Jesus and his - Bible Gateway](#)

or watch:

[Mark \[1:29-39\] Jesus Heals Many \(16/01/2019\) - YouTube](#)

Talk together:

- If you were starting out in a new job/role, as Jesus was, what would your priorities be?
- Do you think any of Jesus' priorities were more important than the others? If so, which ones?
- Which of the things that were important to Jesus still matter today?

Talk to God: Prayer meditation

Slow down and think about Jesus' priorities

You will need: cushions, blankets, quiet music (all optional), meditation words below.

- Create a quiet, comfortable space with cushions and blankets, and play some quiet music.
- Invite your child(ren) to find a space to lie down and get comfortable. Ask them to close their eyes and focus on their breathing. When they are settled, ask the children to imagine they are part of today's story. Read the words below slowly, pausing between each event.

Jesus, this was an ordinary day in which extraordinary things happened.

A day when you set out what really mattered:

At Simon's house you healed his mother-in-law.

You spent time eating and sharing with your friends.

Later you showed compassion for the sick as you healed them.
In the morning you spent time on your own in prayer.
You moved on to other places to tell them the good news.

Jesus, as we look at this day, help us to see what your priorities were.
To heal. To spend time with others. To pray. And to share the good news.

- Pause for a moment when you finish and then encourage the children to get up slowly.

Craft Activity – Hand Printing

You will need: paper, paint, pens.

Go back to your hands and think once again of how you use your hands, is there something you can do using your hands that heal, spend time with others, pray or share the good news of Jesus?

Create different hand patterns by painting your hands and making handprints on paper. Around the printing of your hands write: Jesus' hands helps others – so can mine! This is an example:



Praise Song: Everyday - Hillsong Kids

<https://www.youtube.com/watch?v=DjQfTemJK6Q>

Sing and dance along!

Closing Prayer:

May God the Father help you share and care.
May Jesus the Son inspire your prayer.
And may the Holy Spirit be your guide,
every day and everywhere.

Amen.

Other ideas for family worship:

An alternative is provided by Hull minster (John 1: 1-14)

<https://hullminster.org/family-resources>

Kid's Church (Daniel 6). This is great fun and very interactive.

Beforehand, you can read the details which shows you the resources that will be required.

[Stories from Exile 5 | High Energy Church Season 2 Episode 6 - YouTube](#)

Rochester Diocese Ministry at Home (Mark 1.29-39) Attachment