



The United Benefice of Cudham and Downe

www.pcd.org.uk

Sunday 24th January - Third Sunday of Epiphany

Reading Mark 1:14-20. This week's service is recorded on YouTube/Facebook and will be premiered on Sunday at 10.30am and led by John with Rach preaching. It will be on our youtube channel - link <https://youtu.be/0nyH4Tqa04I> and Facebook page - <https://www.facebook.com/PCDChurches/>

You'll also find previous services on our YouTube channel https://www.youtube.com/channel/UCs4iL6vqtF_t04VsY7ywOwQ and Facebook.

Third Sunday of Epiphany

God of all mercy,
your Son proclaimed good news to the poor,
release to the captives, and freedom to the oppressed:
anoint us with your Holy Spirit and set all your people free
to praise you in Christ our Lord.

Sunday 31st January Candlemas/Presentation of Christ in the temple

Service by Zoom, led by Rach. Reading Luke 2:22-40
As the service is taking place by zoom please pre-register otherwise you will not be able to access the service. Please contact the Parish Office on 01959 571515 or email office@pcd.org.uk giving your name and contact details.

St Mary's Downe continues to be open each day and Cudham Church on Sundays between 10am and 3pm (weather permitting) for individual private prayer and you are invited (please wear a mask) to go along for a time of quiet reflection in our village church as part of your daily exercise. We are compiling a rota of those who can volunteer for an hour or so to supervise any visitors that may come in to Cudham Church as part of their daily exercise. If you can help in this way please email Barbara at admin@pcd.org.uk.

Meditation Group and Homegroup –

Homegroup by Zoom meets this Wednesday (27th) 8pm looking at Sunday's reading from Mark 1:14-20 – zoom details

<https://us02web.zoom.us/j/84785498167?pwd=ano3bWJvNFY2U3pveDZYU0lHTTEvdz09> ID: 847 8549 8167 Code: 972034

The next **Meditation group** will be at 10am on Thursday 4th February 2021 in our own homes.

More details can be found on our Churches website webpage -

<https://www.pcd.org.uk/church-life-and-activities/-meditation-and-homegroups/>

Daily Prayer – Because of the situation we find around us, prayer is vital, as is meeting with each other. We would encourage you to join us for prayer on Monday, Tuesday, Thursday and Friday mornings at 9.15am (note change of time) (zoom link -

<https://us02web.zoom.us/j/87228965797?pwd=M1c1OTUzTFNsY3lxeW94Q25MV2xRdz09> ID: 872 2896 5797, Code: 644632)

and Evenings - 5.00pm on Monday, Tuesday, Wednesday, Thursday and Friday (zoom link -

<https://us02web.zoom.us/j/89851482423?pwd=Y3c5ZmJyUVpEQzN5bDUvV2FGRU53Zz09> ID: 898 5148 2423 Code: 458828).

There is time for a brief chat together after these short prayer times. You are also invited to join in on Wednesday mornings at 9am with the **Rochester Diocesan Evangelical Fellowship prayers** – this is a great time to meet with a larger praying group focused around scripture and evangelism – zoom details -

<https://zoom.us/j/753663617> ID: 753 663 617 Code: John316.

There is a chance to share in fellowship from 8.30am onwards.

Bible Society – an invitation to Hope: Mission through Prayer and Lament is planned on 9th February 2021 from 10am to 11.30am. You will need to book a place and full details can be found via their website:

<https://www.biblesociety.org.uk/landing/an-invitation-to-hope-mission-through-prayer-and-lament>



A six week online course during lockdown to explore and develop your relationship with God through prayer – Mondays

25 Jan to 1 March, 6.30pm to 8.15pm

Covering, a range of prayer disciplines such as Centering Prayer and Imaginative prayer. To book contact Susanne Carlsson susannecarlssons@hotmail.co.uk and you

will be sent a zoom link. Donations are welcome to support the work at this time. For more information please visit

<https://www.rochester.anglican.org/ministry/spirituality>

A good read - If you're looking for a good read or a book to share as part of a study group, then why not take a look at a couple of books recommended to the Diocese.

- **God in Lockdown: Reflections for individuals and groups (Hazel Whitehead)** - Where does God fit into our current experience of the pandemic? A collection of thoughts and insights to help us during the most challenging of times. *(Hazel Whitehead, is a former Director of Discipleship, Vocation and Ministry in the Diocese of Guildford. Available to order for £5.99 from YPD books - <https://www.ypdbooks.com/non-fiction/2197-god-in-lockdown-reflections-for-individuals-and-group-YPD02468.html>*
- **Treasures from a Deep Mine: Readings for Lent and Daily Life (Alison Daunton-Fear)** - A collection of 40 talks by Alison Daunton-Fear, whose ministry spanned a large part of the twentieth century, including during the years of the Second World War. As the Church of England did not allow women to be ordained at that time, she mainly preached to women's groups, especially the Mothers' Union, and her powerful sermons speak to us all today. Onwards and Upwards publishing £11.99
- <https://www.onwardsandupwards.org/treasures-from-a-deep-mine/>

Lent

Ash Wednesday and the beginning of Lent will soon be with us. Look out for details of online services, reflections, Lent Groups and readings as well as all-age activities soon.

Exploring calling and vocation

All of us have unique gifts and talents and as Christians, we are all called to serve God. Rochester diocese vocations team is hosting an event to help people explore their calling and help church leaders encourage people in their vocations too:

- **It's Your Calling Day – 6th February** via zoom - It's Your Calling days are for anyone exploring their calling. A chance to look at the gifts that God has given us, as well as the Biblical understanding of vocation. Please speak to John and have a look at <https://www.rochester.anglican.org/ministry/vocations/its-your-calling/>

Giving - thank you to all who support the life of the church at Cudham and Downe through regular giving, especially during these times. As we had a large shortfall in giving in 2020, please consider giving a donation to your church as we go into the New Year – contact treasurer John Isbell – john.s.isbell@googlemail.com

Bromley Borough Foodbank - please pray for all those involved in the foodbank as it's temporarily closed due to a case of Covid19. You can find out the latest information and how you can help at www.facebook.com/bromleyborough.foodbank.org.uk/

'For I know the plans I have for you, declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future'. Jeremiah 29:11

Prayer

*"Devote yourselves to prayer, being watchful and thankful"
Colossians 4:2 NIV.*

Remember we also have a **prayer chain** –please contact Pat Morbin if you have any prayer needs or requests and if you would like to be part of the prayer chain. Email office@pcd.org.uk or tel 07504827929 or 01959540012 and these will be passed on to Pat, all in confidence.



At the beginning of 2021 we continue to pray for one another and our families covering everyone in our congregations, as well as praying for our parishioners in both our parishes. This week can we pray for Jean Brown (Cudham) and Jane Bennett-Diver (Downe). John and Rach are contacting those we are specially praying for each week; and any prayer requests will be prayed for with permission at Morning and Evening prayer. Please also pray for our residents in the following streets – Standard Road (Downe) and Bombers Lane (Cudham), all businesses in the parishes, the self-employed, those facing unemployment, those who are working and for school pupils, university students and teachers.

Please remember in your prayers -
the family of Sandy Gannack who died this week.
Sue Nettlefold and her family as Sue's mother June died recently as well as Kim Curle following the death of her mother Anita.

It's easy to forget at such times that we have a God who is fully in control and perfectly loving, who hears our prayers and responds to them. We should then comfort ourselves with this knowledge and pray that God would keep us safe, that he would help those at the front line of treating the virus, and for it to be gone! If you have any concerns, please speak to John or Rach –

**Vicar: Rev John Musson, tel 01959 540012, mobile 07504827929
email vicar@pcd.org.uk Day off Saturday**

**Curate: Rev Rachel Archer, tel 01959 700097 or 07305724870
Email Rachel.vicarintraining@yahoo.com Day off Monday**

www.pcd.org.uk



<https://www.facebook.com/PCDChurches/>



www.youtube.com/channel/UCs4iL6vqtF_t04VsY7ywOwQ

If you have anything you would like included in our weekly notice sheet please email any contributions by Wednesday evenings to admin@pcd.org.uk tel 01959 571515