

## Sunday Club – 24<sup>th</sup> January 2021

The following is one way of delivering this session with children. This week we explore responding without hesitation to Jesus.

### Opening activity

Play a game of “Simon Says” or Sevens Clapping Rhythm (an example can be found here) <https://www.youtube.com/watch?v=Zdv-0kjNZRg%29>

Share together and wonder “Did I prefer to be the leader of the follower and why.” In today’s bible reading, Mark begins this passage with a demonstration of Jesus’ authority.

### Opening prayer

We pray, Lord Jesus, for those who need to make decisions today:  
give them courage.

We pray for those who long to do something different:  
give them hope.

We pray for those who are doing their best to follow you:  
give them reassurance.

**Amen.**

### Open the Word: Open the Bible at Mark 1.14-20

**Freeze-frame the story: You will need: props to represent nets and boats (optional).**

- Create freeze frames of different key points in the story, asking your child(ren) to be the different characters.
- Look together at the freeze frames and notice what is happening. Ask: How do you think the fishermen felt at each point? Look at the end freeze frame. Ask: How do those who have been left behind feel?

### [Mark 1.14-20 ICB - Jesus Chooses Some Followers - After - Bible Gateway](#)

Talk together:

- Why is it sometimes hard to make decisions and respond immediately?
- How would you feel being asked to leave lots of things behind as the fishermen did?
- In what ways do you think we are asked to follow Jesus today?

### Quick response game - See how quickly we respond to a signal.

**You will need:** a large cushion, a bell or alarm.

- Place a large cushion in the middle of the room and play the bell/alarm.
- Encourage your child(ren) to move around the room in different ways, e.g., walk, run, hop. But also ask them to listen for the bell/alarm. When they hear it, the first person to touch the cushion is the winner (you may have to play too!)
- Repeat the game to see how quickly they can respond. Revisit the passage; point out that the fishermen responded immediately.

## Craft Activity – Make an invitation

Create something to ask others to follow Jesus.

**You will need:** folded sheets of A5 coloured card, pens, craft materials, stickers, glue.

- Give each child a folded A5 piece of card. Ask them to write 'You are invited to follow Jesus. Will you respond?' on the outside, and on the inside, write 'R.S.V.P.' leaving space for people to write (pre-prepare for younger children).
- Provide everyone with pens, stickers and craft materials. Ask them to make the card look like an invitation to the greatest party.
- Encourage everyone to keep their invitation until which time we can meet up again and then pass the invitation to a friend or family member who will write their names under the R.S.V.P. if they want to respond to Jesus. Once church is open again, you could invite them along!

Praise Song: There is Power In the Name of Jesus (with lyrics) - Noel Richards (whitenotemusicals).

[There is Power In the Name of Jesus \(with lyrics\) - Noel Richards - YouTube](#)

Sing and dance along!

### Closing Prayer:

When opportunity beckons: be bold.

When Jesus calls: be ready.

When we are asked to do something different: be prepared.

In Jesus' name.

**Amen.**

Other ideas for family worship:

An alternative is provided by Hull minster (John 2: 1-11)

<https://hullminster.org/family-resources>

Kid's Church (Daniel 1). This is great fun and very interactive.

Beforehand, you can read the details which shows you the resources that will be required.

[Stories from Exile 3 | High Energy Church Season 2 Episode 4 - YouTube](#)

Rochester Diocese Ministry at Home (Mark 1: 21-28) Attachment