



The United Benefice of Cudham and Downe

www.pcd.org.uk

Sunday 26th April – Third Sunday of Easter

10.30am Morning Service from the Vicarage -The Road to
Emmaus – Luke 24:13-35

You are invited to join our livestreamed service via our facebook page (click like on the page and then you'll be notified when it's on at 10.30am.) <https://www.facebook.com/PCDChurches/live/>

Rev John Musson and Helen Musson.

Immediately after the service we'll send round the weblinks for anyone who was unable to watch it live and/or wants to catch up!

Third Sunday of Easter

Living God,
your Son made himself known to his disciples
in the breaking of bread: open the eyes of our faith,
that we may see him in all his redeeming work;
who is alive and reigns, now and for ever.

Reading for the day – Luke 24:13-35

There will be a zoom Bible Study on Wednesday evening at 7.30pm, focusing on the readings from the last two Sundays – The risen Lord Jesus meeting with people – John 20:19-31 & Luke 24:13-35. John will send round some thoughts and questions beforehand, let him know if you'd like to receive them. To join in on the night, here are the zoom details:-

<https://us02web.zoom.us/j/84221664823?pwd=ZGtoMT11U0dDL043akQ5OUY2SEc3UT09>

Meeting ID: 842 2166 4823

Password: 039315

You don't need a computer set up with zoom – you can listen in by dialling from your mobile 02030512874,,84221664823#,,#,039315# or just dial from your landline 0203 051 2874 and when prompted enter the Meeting ID: 842 2166 4823 and Password: 039315.

You don't need to speak or be seen, you can just listen in!

All **service resources** for our live stream weekly services can be downloaded via our churches website, <https://www.pcd.org.uk/services/> together with **Children and prayer resources**.

You can now also subscribe to our Youtube Channel

https://www.youtube.com/channel/UCs4iL6vqtF_t04VsY7ywOwQ

Please remember **Bromley Foodbank** during these times. Supplies are still needed, especially the following - Tinned Potatoes, Tinned Fruit, Custard, Rice pudding, Desserts, Shampoo, Shower gel and not forgetting Baked Beans, Toilet Rolls and Longlife milk.

*Donations can be dropped off at the Orpington Centre, i.e. at the Oak Community Church, 345, Chipperfield Road, St. Paul's Cray, BR5 2LJ. This can only be **between 10 am and 2 pm on Mondays and Thursdays** or use supermarket drop-off points. A delivery service has now begun. If you can spare a few hours as a volunteer please be in touch via info@bromleyborough.foodbank.org.uk or via email to admin@bromleyborough.foodbank.org.uk*

As Spring Harvest did not take place this year, they have instead arranged a week of teaching and worship for free – have a look soon, as they will only be available until April 30th

www.youtube.com/user/SpringHarvest

Church Society have provided a very useful article by Steve Wilcox who takes some lessons from Martin Luther about how to love our neighbours in a time of plague. Well worth a read. Full details can be found via their website -

http://churchsociety.org/blog/entry/love_in_the_time_of_covid_19

Meditation - is continuing to take place in our own homes. The next date is Thursday 7th May from 10am to 10.30am as usual. Hilary's suggestion is to pray the Lord's Prayer before and after meditation. Mark Ball the WCCM rep for Kent was due to visit us but obviously his visit has had to be postponed.

If you would like to find out more about Christian meditation please email Hilary via office@pcd.org.uk and we will pass your enquiry on to her.

Rochester Cathedral shared a wonderful Choral Evensong last Sunday, All the music was recorded before the lock-down. You can view the Evensong on <https://vimeo.com/405884695>

Online Guided Retreat

For those who feel drawn to spending more time in prayer at this time of self-isolation, an online guided retreat has been organised by the Diocese's Coordinator of Spirituality, Rev Canon Susanne Carlsson. You are simply encouraged to put aside some time each day for prayer. Then you will be paired with a spiritual accompanier, who will either phone you, or make contact via computer, at the same time each day for 20–30 minutes. The intention is for you to listen to God through praying with scripture and in talking and reflecting with your accompanier; they will listen and may suggest various scripture passages for you to use. The dates and length of the retreat will be flexible between the 27th April – 8th May and it will be up to you to arrange with the spiritual accompanier the dates and times you meet. If you would like to find out more, or to book a place, please contact Susanne Carlsson susannecarlssons@hotmail.co.uk

Prayer

The Church of England has provided a prayer booklet which can be downloaded from their website to enable Christians to worship in solidarity with one another even where it is not possible to gather in a church building. The resources can be found via

<https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/coronavirus-covid-19-liturgy-and-prayer>

You can also light a virtual candle online to pray for yourself, for a loved one or for a situation and to make space to pray in your life. More details can be found on the church of England website -

<https://www.churchofengland.org/our-faith/light-candle>

Be Still
AND KNOW
THAT I AM GOD
-PSALM 46:10



Please continue to pray for families and friends who have been recently bereaved, for them to know God's love, comfort, hope and peace, especially the families of Colin Tremaine from Orpington and Janis Cloud from Cudham whose funeral services John will be taking in the next few weeks.

We are continuing to pray for one another and cover everyone in our congregations over the coming weeks, as well as praying for our parishioners in both our parishes. This week can we pray for Mark and Natalie Comley (Cudham) and Cornelia, Lorna and Richard Parkin (Downe). Please also pray for our residents who live in the following streets – Mill Lane (Downe) and Hazelwood Road, Downe Avenue and Spinney Way (Cudham).

Please pray for our [Companion Dioceses](#) of Harare in Zimbabwe, and Kondoia and Mpwapwa in Tanzania, who are currently enduring their own lock downs as they face up to the coronavirus. These countries are facing great hardship as they respond to Covid-19.

Collect for a time of sickness

Heavenly Father,
our ever-present help in trouble,
our fortress and our God:
calm the anxious fears of all who turn to you;
give strength and healing to those who are sick,
and courage and skill to those who care for them;
grant wisdom and clarity to those in authority;
and humble us all to call upon you
that we may be saved not only in this life,
but also for that which is to come,
through Jesus Christ our Lord,
Amen.



Remember we have a **prayer chain** – please contact Pat Morbin if you have any prayer needs or requests and if you would like to be part of the prayer chain. Email office@pcd.org.uk or tel 07504827929 or 01959540012 and these will be passed on to Pat, all in confidence.

It's easy to forget at such times that we have a God who is fully in control and perfectly loving, who hears our prayers and responds to them. We should then comfort ourselves with this knowledge and pray that God would keep us safe, that he would help those at the front line of treating the virus, and for it to be gone! If you have any concerns, please speak to John or one of the churchwardens.

Vicar: Rev John Musson, tel 01959 540012, mobile 07504827929 email vicar@pcd.org.uk

www.pcd.org.uk



@pcdvicar



<https://www.facebook.com/PCDChurches/>



https://www.youtube.com/channel/UCs4iL6vqtF_t04VsY7ywOwQ

If you have anything you would like included in our weekly notice sheet please email any contributions by Wednesday evening to office@pcd.org.uk tel 01959 571515.